

LIVING

Anthropologie Has Become the Wellness Destination I Didn't Know I Needed

by SAMANTHA LEAL | UPDATED: AUG 23, 2019



Credit: [Carina Romano](#)

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Anyone who loves [Anthropologie](#) knows that it's been experimenting with wellness and beauty for a few years now, with a number of locations boasting in-store mini shops. What you might not know is that there's actually an entire section on Anthro's site called [The Wellness Shop](#). I didn't realize all the interesting, useful, and just plain cute stuff I was missing out on until recently—and I've been clicking "add to cart" ever since. Check out some of my favorites below, and see what I mean—and yes,

some of these are pretty expensive for somewhat basic items, but what is Anthro if not an aspirational store?!

Facial Roller + Eye Mask Set

\$38

ANTHROPOLOGIE

BUY NOW

This adorable [eye mask and facial roller set](#) is the perfect gift for yourself or for a friend. Facial rollers have [several benefits](#), including boosting circulation and encouraging lymph drainage. And the mask? Well, that'll help you get some restful sleep with minimal light interaction. (Hello, shutting out the world.)

Vitruvi White Stone Essential Oil Diffuser

\$119

ANTHROPOLOGIE

BUY NOW

This top-rated [essential oil diffuser](#) is handcrafted from porcelain, and adds a sleek touch to any surface. The diffuser uses ultrasonic technology to keep your essential oils at their peak levels—meaning your space will be filled with your favorite scent in no time, and stay that way for longer. It also happens to be one of our [very favorite diffusers](#).

Mary's Nutritionals Boost Bath Bomb

\$15

ANTHROPOLOGIE

[BUY NOW](#)

This CBD-infused bath bomb is rich in antioxidants as well as vitamins A, C, and E, making for a totally relaxing bath. Plus, the citrus scent helps clear your mind and gives your body an energy boost.

VitaJuwel ViA Wellness Gem-Water Bottle

\$78

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[BUY NOW](#)

The crystals in [this glass water bottle](#) are thought to infuse the water with specific energies to enhance your lifestyle. Is it bogus? Maybe. Is it really pretty and does it make me want to drink more water? Yes. So it's still a win. (And hey, if those energies do work...well, it's a bonus.)

Yoga Design Lab Combo Mat

\$78

ANTHROPOLOGIE

[BUY NOW](#)

Did you know Anthro sells yoga mats? [This option](#) is eco-friendly and biodegradable, and is free from silicone, toxic glue, and phthalates—plus it's just really fun. It includes a carrying strap for easy transport to after-work classes, and has a responsive grip to reduce the risk of injury during your practice.

Slip Sleep Mist

\$32

ANTHROPOLOGIE

[BUY NOW](#)

If you have trouble falling asleep, [this spray](#) could help. It's made with chamomile and lavender oils, and should be sprayed around your room to give yourself a little relaxing aromatherapy. (*Adds to cart.*)

Kikkerland Tea Stick

\$15

ANTHROPOLOGIE

[BUY NOW](#)

Talk about an aesthetic upgrade. This [tea stick strainer](#) is perfect for those who love drinking loose-leaf teas, but want something a little sleeker than the average strainer.

Lotus Elixir Incense Sticks

\$16

ANTHROPOLOGIE

[BUY NOW](#)

With 20 sticks of incense and a brass holder, this [incense set](#) is perfect for recharging and re-centering. Choose between five scents that encourage awareness, bliss, devotion, focus, or strength.

Dauids Premium Natural Toothpaste

\$10

BUY NOW

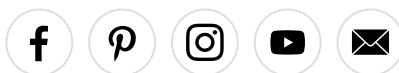
Yup, Anthro even has toothpaste. If you're trying to switch to more natural beauty and wellness products, [Davids toothpaste](#) is a good choice—it contains no fluoride or sulfates, and is actually effective. Also check out [this colorful dental floss](#) while you're at it.

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